

## ABSTRACT

A disposable food and beverage tray that is easily portable, allows quick and convenient loading, easy access to all food and beverage items, prevents  
5 contamination of food from a beverage, and serves as an advertising and promotional vehicle is disclosed. Various embodiments of the present invention allow the attachment of a harness to assist in carrying the food and beverage tray. Other embodiments of the present invention allow the present invention to be used in a motor vehicle. The food and beverage tray has a first side panel, a second side panel,  
10 a bottom panel, and a top panel. The top panel has beverage container openings and food item openings. Substantially vertical support members, such as flaps, are used to secure the tray in a substantially rectangular shape and separate the beverage openings and food item openings. When the flaps are disengaged, the tray is collapsible.